

## **UTSA**

*Adjunct Instructor 2018 -present*

- Musculoskeletal Rehabilitation
- Athletic Injury

## **TEXAS A & M UNIVERSITY SAN ANTONIO**

*Adjunct Instructor 2016-present*

- Functional Anatomy
- Biomechanics
- Exercise in Chronic Disease and Disability
- Foundations of Kinesiology

## **EXOS**

*Program Manager 2016-present*

## **TEXAS STATE UNIVERSITY**

*Graduate Research Assistant*

- Instruct undergraduate laboratory classes (therapeutic exercise)
- Schedule laboratory times
- Assist other staff and perform testing procedures
- Assistance in writing procedural scripts
- Operation and instruction on operation of lab equipment (Neurocom, Biodex, Biodex Balance, Motion capture equipment etc.)
- Compilation and calculation of data sets.

## **FCE NETWORK, Denver, NC**

*President:*

## **ATLAS ERGONOMICS/GASTON PHYSICAL THERAPY**

- Perform post-offer pre-employment testing for Schneider Trucking
- Staff on-site therapy clinic

## **METRICA CORP/FCE NETWORK INC, Charlotte, NC**

*Regional Manager:*

- Performing FCE's and managing the administrative aspect of the North and South Carolina region.

## **SOUTHLAKE PHYSICAL MEDICINE, PC, Cornelius, NC**

## **NATIONAL AERONAUTICS AND SPACE ADMINISTRATION (NASA)**

*Internship:*

## **UNITED STATES MARINE CORPS,**

## **PUBLISHED WORK**

- **Abstract: Effects of Habitual Run Training in a Barefoot Condition on Dynamic Postural Control.** Med Sci Sport Exerc, 2014: 46:5 Supplement; p 414-417. Rusty Armstrong, Jack Ransone, John Walker
- **The Relationship between Selected Measures of Strength and Hip and Knee Excursion During Unilateral and Bilateral Landings in Females.**

J Strength Cond Res 2014 Jun 17. Epub 2014 Jun 17. Kevin McCurdy, John Walker, Rusty Armstrong, George Langford

## **CERTIFICATIONS**

Functional Capacity Evaluator

ATC

LAT

Key Method and Occucare

Also Occucare certified in ergo assessment

Graston Technique

CES

CSCS

EXOS Performance Specialist

EXOS Fitness Specialist

RYT-200

Firefighter 1

Tactical EMT